

# Ontario Benefits



**April 26, 2023**  
**1:30 pm - 2:30 pm**

**For more information, please contact:**

**Kit Wah Lau, Settlement Counsellor**

**519-816-6785**  
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**Registration Information:**

Zoom– A link with a password will be sent to registrants a day prior to the session

**Join this on-line session to learn about:**

- Essential costs of living (such as food, clothing and housing)
- Advantages of MyBenefits
- Health benefits
- OW qualification and application
- Ontario Child Benefit
- Ontario Trillium Benefit, and more



**Client Eligibility:**  
**Permanent Resident, Convention Refugee**



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada

*All of our programs & services including childcare  
are available at no cost to eligible clients.*