



## HELLO PARENTS,

Research shows that exposure to music from early childhood onwards helps children to develop language, expand vocabulary, strengthen their social and emotional skills, and supports all other areas of development. A rich musical environment can help to entertain children but also supports them in gaining essential musical abilities. In this newsletter, you will find activities that will encourage your child to master their musical skills and experiment with music.

## ACTIVITIES

### INFANTS (3 – 18 MONTHS)

#### SILLY SONG

##### DIRECTIONS:

- Choose a tune your child is familiar with, such as "[Twinkle, Twinkle Little Star](#)".
- Use the same tune to sing about what is happening around you. For example: what you see out the window, your child's favourite toy, family members etc.
- Use humour when adding new verses.

[Click here](#) for more music for your baby.

### TODDLERS (19 MONTHS – 2.5 YEARS)

#### FUN WITH SCARVES

##### MATERIALS:

- 2 scarves

##### DIRECTIONS:

- [Click here](#) to listen to "Wave Your Scarves Together".
- Hold the scarves, listen to the lyrics, and perform the actions.
- Continue singing and adding more actions.
- Ask your child for their suggestions, too.
- You can use the scarves for other action songs.

[Click here](#) for more songs.

### PRESCHOOLERS (2.5 – 5 YEARS)

#### COLOURS OF MUSIC

##### MATERIALS:

- Paper
- Markers or crayons
- Source of music

##### DIRECTIONS:

- Tell your child that they will draw the colours of music.
- [Click here](#) to listen to the music.
- Ask your child to close their eyes, listen to the music and think what colours they hear.
- Encourage your child to draw a picture using the colours they hear while listening to the music.
- Draw their attention to the tempo and pitch.
- Use other musical pieces for more drawings.

[Click here](#) for more ideas.

### JK/SK (4 – 6 YEARS)

#### GUESS THE SOUNDS OF MUSICAL INSTRUMENTS

##### MATERIALS:

- Paper
- Pencil

##### DIRECTIONS:

- [Click here](#) and invite your child to play the musical quiz: "Guess the Sound".
- Pause the video and name the instruments in the picture.
- Play the video and help your child recognize the instruments they hear.
- Encourage your child to write the name of each instrument and make a drawing of it next to the name.
- Listen to different types of music and encourage your child to recognize the instruments they hear.

[Click here](#) for more ideas.

### SCHOOL-AGERS (6 – 12 YEARS)

#### MAKE YOUR OWN GUITAR

##### MATERIALS:

- Tissue box or shoe box without a lid
- Rubber bands (choose ones that vary in thickness)

##### DIRECTIONS:

- Use a tissue box or a shoe box for the base of the instrument.
- Wrap four to six rubber bands around the long side of the box. Leave space between each rubber band.
- Play the instrument by pulling the rubber bands.
- Do thicker rubber bands make different sounds than the thinner ones?
- Group 2-3 rubber bands together. Do they sound the same as the single rubber bands?
- Experiment with ways of making sounds with the rubber bands and create your own tune.
- Invite your family members to your concert.

[Click here](#) for more ideas.



#### A TIP FOR TODAY

- Actively listen to music or take your child to live concerts.
- Share your passion for music with your child.
- Make music with your child.
- Play musical games.
- Create musical instruments from recycled materials.