



## HELLO PARENTS,

Family Day is a holiday which celebrates family, and the importance of these special relationships. It provides the opportunity to spend quality time with loved ones and create cherished memories with your child. In Ontario, the day is celebrated on the third Monday of February. This year, Family Day will be on February 20. This newsletter will provide you with enriching activities for you and your family to enjoy together.

## ACTIVITIES FOR THE WHOLE FAMILY

### SECRET DANCER

#### DIRECTIONS:

- Have all family members to stand in a circle.
- Choose one player to be the detective and ask them to go outside of the room.
- When the detective has left the room, choose a player to be the "secret dancer" who will pick a dance move and everyone will start copying them.
- The secret dancer must change the dance moves that the rest of the group follows.
- When everyone is dancing following the secret dancer's moves, the detective is called back into the room and has three guesses to identify the secret dancer.

[Click here](#) for more family activity ideas.

### "SPOONS" GAME

#### MATERIALS:

- 1 deck of cards
- Spoons for every player minus one (6 players = 5 spoons)

#### DIRECTIONS:

- Arrange the spoons in a small circle in the centre of the table and deal four cards to each player.
- Each player tries to make four of a kind. For example: 4 hearts, 4 kings, etc.
- Put the rest of the cards face down in the middle of the table.
- The dealer takes a card off the top of the deck to have five cards in their hand, removes one card from their hand, and passes it facedown to the player on their left.
- Each player discards one card to the person on their left.
- Cards are picked up and passed quickly around the table.
- As soon as a player gets four of a kind in their hand, they quickly try to grab a spoon from the centre.
- The rest of the players quickly grab the remaining spoons.
- The player left without a spoon leaves the game.

[Click here](#) for more family activity ideas.

### FAMILY GENEALOGIST

#### MATERIALS:

- Notebook
- Pen
- Audio recorder (optional)

#### DIRECTIONS:

- Invite an older family member for an interview about their life. You can do it over the phone if your relative lives far away.
- Here are some questions you can ask them:
  - Where did you grow up and what was it like?
  - What was your school like?
  - What are your happiest family memories?
  - What did you want to be when you were growing up?
  - What were your chores, and what did you do for fun?
  - Who were your friends when you were growing up? etc.
- You can interview more than one relative and write family tales to share with your family.

[Click here](#) for more activities.

### SNACK AND GAME NIGHT

#### CINNAMON-SUGAR CHICKPEAS

#### INGREDIENTS:

- 1 can (15 ounces) chickpeas rinsed
- 1 tablespoon of sugar
- 1 tablespoon of cinnamon
- 1 teaspoon of vegetable oil
- Small and medium bowls

#### DIRECTIONS:

- Position rack in the third slot of oven and preheat to 450 degrees Fahrenheit.
- Dry chickpeas, spread them on a baking sheet and bake for 10 minutes.
- In a small bowl mix sugar and cinnamon.
- Transfer the chickpeas to a medium bowl and toss with oil and the cinnamon mixture.
- Return to the baking sheet and bake 15 to 20 minutes until brown and crunchy.
- Cool for 15 minutes, choose your family's favourite game to play and enjoy!

[Click here](#) for more family activities.



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada

#### FAMILY DAY ACTIVITIES IN WINDSOR-ESSEX COUNTY

This Family Day, enjoy some of the many attractions of Windsor-Essex county:

[Click here](#) for information about visiting Colasanti's Tropical Gardens.

[Click here](#) for the City of Windsor's Lions-Outdoor-Rink.

[Click here](#) for Windsor Art Gallery.