

## HELLO PARENTS,

Happy Canada Day! Canada Day is the national holiday which commemorates the signing of the Constitution Act on July 1, 1867. Canada Day is affectionally known as Canada's "Birthday", and this year our country will be 155 years old! Canadians celebrate this special day with fireworks, gatherings, and fun! This newsletter will provide you with Canadian activities for your family to enjoy.

## CANADA DAY FAMILY ACTIVITIES "O CANADA!" WAVE THE CANADIAN FLAG

### MATERIALS:

- 2 pieces of red paper
- 1 piece of white paper
- Pencil
- Scissors
- Tape
- Glue
- Skewers or popsicle sticks

### DIRECTIONS

- Cut two strips of red paper, 3 inches wide. The height of the strips should be the width of the white paper.
- On another piece of red paper, draw a maple leaf and cut it out. [Click here](#) for reference.
- Glue the red strips of paper onto the ends of the white paper.
- Glue the maple leaf onto the centre of the white paper.
- Tape the skewer or popsicle stick on the back of the flag, on the left side.
- You have created the Canadian flag! Sing Canada's national anthem: "[O Canada](#)" and proudly wave your flag.

[Click here](#) to learn how to create a Canada Day photo booth.

## PROVINCES, TERRITORIES AND CAPITAL CITIES BINGO

### MATERIALS:

- Paper
- Pencil
- Markers

### DIRECTIONS:

- [Click here](#) for a list Canadian provinces, territories and capital cities.
- Print or draw a [Bingo card](#) for each player, and randomly write the names of the Canadian provinces, territories, and capital cities in every blank space on the cards.
- Write the names of the Canadian provinces, territories, and capital cities on individual pieces of paper. Fold the pieces of paper, and put them into a container.
- Give one card to each player.
- To play the game:
  - Decide how the players will win. For example, by marking an "X" in all spaces in a horizontal/vertical row, diagonal line, etc.
  - One person will be the "Caller". The caller will randomly choose a folded piece of paper from the container, and read the name of the province, territory, or capital city.
  - If a player has the province, territory or capital city in one of their Bingo card spaces, they will mark the space by writing an "X" in it.
  - This process will continue until a player wins the game.

[Click here](#) for a "Canada I Spy" game.



## BEAVER TAIL DESSERT

### MATERIALS:

- 2 large bowls
- 1 small bowl
- Damp towel
- Baking sheet
- Frying pan

### INGREDIENTS:

- Fried Dough:
  - ¼ cup warm water
  - 2 ½ tsp active dry yeast
  - 1/2 cup milk, warmed
  - 2 Tbsp butter, melted
  - 2 Tbsp sugar
  - 1/2 tsp salt
  - 1/2 tsp vanilla
  - 1 egg
  - 2 ½ cups all purpose flour, plus extra for dusting
  - Oil for deep-frying
- Cinnamon Sugar Topping
  - 1 cup sugar
  - 1 tbsp cinnamon

### DIRECTIONS:

- In a large bowl, combine the warm water, warm milk, yeast and 1 tsp sugar. Let stand until foamy, about 10 minutes.
- Add melted butter, sugar, salt, vanilla and eggs. Mix all ingredients together.
- Add flour to the bowl and mix until the dough comes together and no longer sticks to the sides of the bowl.
- Knead the dough for about 10 minutes, until the dough is smooth. Use extra flour if dough is sticky.
- Place dough in a lightly oiled bowl and cover with a damp towel. Leave to rise until doubled in size, about 1 hour.
- Place dough on a lightly floured surface. Shape into 8 equal sized oval pieces.
- Place on a lightly floured baking sheet and leave to rise, covered, for 30 minutes or until doubled in size.
- Make cinnamon sugar by combining sugar and cinnamon in a small bowl.
- Heat a large frying pan with about two inches of oil.
- Fry your Beaver Tails on each side for 30-60 seconds until they are golden brown. Dip immediately in cinnamon sugar, and enjoy!

[Click here](#) to learn how to make "Canadian Butter Tarts".



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada

## CANADA DAY ACTIVITY GUIDE

- [Attend Windsor's Canada Day celebration and parade on July 1, 2022. Click here for details.](#)
- [Celebrate by hosting a traditional Canada Day barbeque.](#)
- [Enjoy classic Canadian treats, such as Tim Hortons Timbits or pancakes with Canadian maple syrup.](#)
- [Showcase your pride by wearing the national colours of Canada: red and white.](#)