

VRC PRESENTS





NOVEMBER 22, 2024 3:30PM - 5:00PM



NCCE INC. MIDTOWN BRANCH 1214 OTTAWA STREET

Empower Yourself at NCCE Inc.'s Youth Resource Centre (YRC) Girls Club - Glow Up series to boost confidence, creativity, and connection. Discover mindfulness, yoga, meditation, and journaling in a supportive space. Nurture your inner strength and join YRC for a transformative experience!





Funded by:

Immigration, Refugees Immigration, Réfugiés and Citizenship Canada et Citoyenneté Canada

For more details and to register visit: www.ncceinc.org | 519-258-4076