



HELLO PARENTS,

Diversity books are about recognizing what makes you special, celebrating who you are, and the uniqueness of all those around you (family, friends, and those in the greater community). Teaching children how to recognize and celebrate diversity is essential to their healthy development. It helps children be more accepting of others, accepting of themselves, and their own strengths and challenges. In this newsletter, you will find books and activities that will teach your child new things about communities and their cultures.

ACTIVITIES INFANTS (3 -18 MONTHS)

MUSIC ALL AROUND

MATERIALS:

- Music

DIRECTIONS:

- Put on music from different countries in different languages and listen to it together.
- Encourage your child to dance to the music. Join in and do the movements together.
- When your child listens to music in different languages and cultures, they will start to have a basic understanding that everything and everyone is different and unique.

[Click here](#) to listen to "The More We Get Together".

TODDLERS (19 MONTHS – 2.5 YEARS)

THE FAMILY BOOK

DIRECTIONS:

- [Click here](#) to listen to CPS teachers reading "The Family Book".
- Sit with your child and read together the book.
- While you are reading the story, talk about the differences and similarities between your own family and other families.
- After finishing the story, sing the "[Finger Family](#)" song together.

[Click here](#) to read "We Are Different, We Are The Same" by Bobbi Jane Kates.

PRESCHOOLERS (2.5 – 5 YEARS)

WHAT MAKES US UNIQUE?

MATERIALS:

- Pictures from magazines or newspapers

DIRECTIONS:

- [Click here](#) to read "What Makes Us Unique?" by Dr. Jillian Roberts.
- Sit with your child and read together the book.
- Look at the pictures in the book and discuss the different people you see in the book.
- After you finish reading, look at the magazine or newspaper pictures together and have a conversation with your child about the different and unique characteristics of each person, such as their hair, skin, eye colours, height etc.

[Click here](#) for more activities.

JK/SK (4 – 6 YEARS)

ALL ARE WELCOME

MATERIALS:

- Paper
- Coloured pencils or markers

DIRECTIONS:

- [Click here](#) to listen to "All Are Welcome" from our SAEP children.
- While reading the story, have a conversation with your child about your community.
- After the story, ask your child to draw their community (places they like to visit, their school, parks, etc.)

[Click here](#) to learn how to play "Flags of the World Memory Game".

SCHOOL-AGERS (6 – 12 YEARS)

DICTIONARY

MATERIALS:

- Paper
- Pen
- Stapler

DIRECTIONS:

- Research how to say "Thank you" and "Hello" in many different languages.
- Write the words "Thank you" and "Hello" on two separate pieces of paper.
- Under "Thank you", write the word in different languages. For example, "Gracias" (Spanish).
- Under "Hello", write the word in different languages. For example, "Ni Hao" (Chinese).
- Ask your family members or friends if they know how to say "Thank you" or "Hello" in different languages and write them down.
- Staple the pieces of paper together to create your own dictionary.

[Click here](#) to learn how to say "thank-you" in different languages.

[Click here](#) for more activities.



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

A TIP FOR TODAY

- Have conversations with your child about diversity awareness and anti-racism.
- Read books and stories together that offer diverse and authentic racial and cultural representations.
- Respond to your child's questions calmly and model appropriate language phrases.
- Respect others. Teach your child that every racial and ethnic group includes people who believe different things and behave in different ways.