



## HELLO PARENTS,

Welcome fall! The fall or autumn season is often marked by cooler weather, crisper air, and many opportunities for family fun and learning. Pumpkins, apple picking, and colourful leaves are just a few parts of fall for your family to cherish. This newsletter includes fall activities for you and your family to enjoy while making memories throughout the season!

## ACTIVITIES

### INFANTS (3 -18 MONTHS)

#### LEAVES SENSORY BAG

##### MATERIALS:

- Natural fall items (leaves, acorns, etc.)
- Ziploc bag
- Tape

##### DIRECTIONS:

- Gather coloured leaves, acorns, and other natural items from outside.
- Put the natural items inside the Ziploc bag.
- Close the bag, and tape around the seal to secure it.
- Give your infant the bag, and watch as they explore the different natural fall items inside the bag.

[Click here](#) to listen to "It's Fall Again" by The Learning Station.

### TODDLERS (19 MONTHS – 2.5 YEARS)

#### FALL WREATH

##### MATERIALS:

- Paper plates
- Leaves
- Scissors
- Coloured pencils/markers
- Tape/glue

##### DIRECTIONS:

- Collect colourful leaves from outside with your child.
- Cut the centre of the paper plate to make a ring. This will be your wreath!
- Have your child tape or glue the colourful leaves around the wreath.
- If you are unable to collect leaves from outside, encourage your child to decorate and colour the wreath.
- Once they have finished, hang the wreath in your house.

[Click here](#) to read "Hello, Fall!" by Deborah Diesen.

### PRESCHOOLERS (2.5 – 5 YEARS)

#### FALL TREE HANDPRINTS

##### MATERIALS:

- Paper
- Pencil
- Paint or markers (brown, red, orange, yellow, green)
- Paintbrushes

##### DIRECTIONS:

- Using a pencil, help your child trace their hand and forearm twice on a paper, and then paint or colour the prints brown. These will be your trees!
- Using a paintbrush or their fingers, ask your child to add green dots around the first tree with the green paint, or use a green marker.
- Encourage your child to use the other paint or marker colours (red, orange, and yellow) to add dots on the second tree.
- Once they are finished, explain to your child how the green dots on the first tree represent green leaves, and the red, yellow, and orange dots represent the colourful leaves when they change in the fall.

[Click here](#) to learn how to make a "Bubble Wrap Fall Tree".

### JK/SK (4 – 6 YEARS)

#### JUMPING IN THE LEAVES

##### MATERIALS:

- Garden rake

##### DIRECTIONS:

- Go outside, and encourage your child to collect the leaves and put them in a pile.
- They may use the garden rake or their hands to gather the leaves.
- Once the leaves are in a pile, tell your child to have fun jumping, rolling, and running through the pile of leaves.

[Click here](#) to learn how to make a "Leaf Maze".

### SCHOOL-AGERS (6 – 12 YEARS)

#### PUMPKIN CARVING

##### MATERIALS:

- Pumpkins
- Knife
- Spoon
- Pencil
- Marker

##### DIRECTIONS:

- Cut a circle around the top of the pumpkin. Once cut, scoop out all of the seeds inside of the pumpkin. Save the seeds as they can be roasted in the oven.
- Draw a face or picture on the pumpkin.
- When you are finished drawing, begin carefully carving and cutting out the face or picture you have drawn.
- Display the completed pumpkin for all to enjoy.
- To roast pumpkin seeds, wash off any pumpkin from seeds, spread onto baking sheet, bake at 350 degrees for about 30 minutes or until roasted, enjoy!

[Click here](#) to learn how to make a "Pumpkin House".



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#### FALL ACTIVITIES TO DO WITH THE FAMILY

- Visit apple orchards near you and go apple picking! [Click here](#) to view apple orchards near Windsor.
- Get pumpkins from your local grocery store, and instead of carving them, decorate them! [Click here](#) for no-carve pumpkin ideas.
- Go on a local nature walk, and take in the leaves changing colour on the trees.
- It might be a little cold outside, so make some hot chocolate and get cozy while watching a movie with the family!