

HELLO PARENTS,

Welcome April Break! This year, April Break will be different due to the COVID-19 pandemic; nonetheless, it is still a wonderful opportunity to spend time with family and create lasting memories. You may reinvent previous break activities; take a day trip to the living room movie theatre, host family game night, or enjoy some of your family's favourite cuisine! This newsletter will provide you with exciting and fun April Break activities for your family to enjoy together.

APRIL BREAK FAMILY ACTIVITIES

VIRTUAL FAMILY STAYCATION

MATERIALS:

- Paper
- Pencil
- Coloured pencils/markers

DIRECTIONS:

- Choose a location that your family would like to visit for a vacation.
- You may search the internet to find virtual tours, landmarks, famous historical buildings etc. For example, if your family chooses to visit France, you may want to visit the [Eiffel Tower](#) or the [Louvre Museum](#).
- Create landmarks to visit! For example, you may visit the Eiffel Tower by drawing, colouring, and taping it on your wall or window.
- Use paper and coloured pencils or markers to make a passport and airline tickets for you and your family.
- Decorate your living room to look like a hotel room, where you will stay during your staycation.
- For breakfast, lunch, and dinner, make and eat the food of the region. For example, [French cuisine](#).
- Go to the airport, board your flight, and enjoy your virtual staycation!

[Click here](#) to browse virtual vacation destinations.

FAMILY DAY TRIP –VISIT THE HALLWAY BOWLING ALLEY

MATERIALS:

- Ten empty water bottles
- Ball
- White or coloured shirts
- Markers
- Scissors
- Tape

DIRECTIONS:

- Fill ten empty water bottles with water; halfway full.
- Use scissors to cut ten thick strips of white paper. Number each strip from 1 to 10.
- Tape each strip of paper to a water bottle. You have made bowling pins!
- Divide your family members into teams. Have each team create a unique "team name".
- Each family member may use markers to decorate a shirt. These shirts will be your team's bowling jerseys, so decorate accordingly.
- It is time to visit the hallway bowling alley! Go to a hallway, and place the bowling pins in a triangular formation, with the point of the triangle facing the bowler.
- Get your ball, and begin to bowl.
- You will surely "have a (bowling) ball" with your family!

[Click here](#) to learn how to make a mini-golf course.



PIZZA AND MOVIE NIGHT

MATERIALS:

- Pizza:
 - Pita bread
 - Tomato sauce
 - Shredded cheese
 - Pizza toppings of your choice. For example: vegetables, meat, etc.
 - Optional: herbs and spices. For example: basil, oregano, etc.
 - Parchment paper
 - Pan
- Pizza cutter
- Snacks. For example: chips, popcorn, juice, etc.
- Blankets and pillows
- Movie of your choice

DIRECTIONS:

- Prepare your pizza:
 - Heat the oven to 375°F/190°C.
 - Spread the tomato sauce on top of the pita bread.
 - Sprinkle the shredded cheese on top of the tomato sauce.
 - Add the pizza toppings on top of the cheese.
 - Sprinkle desired herbs and spices on top of the cheese.
 - Place parchment paper on the pan, and put pizzas on top of it.
 - Put pizzas in the oven, and bake for 5-7 minutes or until the cheese has melted.
- As your pizzas are baking, prepare for your movie night.
- Set up your pillows and blankets.
- Prepare your snacks. For example, put the chips or popcorn into bowls.
- Set up a movie of your choice.
- Once the pizzas are finished cooking, wait for them to slightly cool. Then, you may use a pizza cutter to slice each pizza into even pieces.
- Enjoy your family pizza and movie night!

[Click here](#) for ideas of how to make an indoor camping experience.



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and Citizenship Canada

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BENEFITS OF SPENDING TIME WITH FAMILY

- Spending time with family helps children perform well academically. Children who have good familial relationships learn skills such as effective communication which can be implemented in their studies, following a break.
- Family time teaches interpersonal skills, including constructive ways to discuss, debate, and resolve conflicts.
- Children who have strong family bonds often feel a comforting sense of security, which builds their overall confidence and self-esteem.