



VIRTUAL CHILDCARE PARENT SUPPORT SERVICES

VOLUME #45 PAINTING WITH DIFFERENT TOOLS

HELLO PARENTS,

Art activities allow the children to express their thoughts, feelings, ideas, and experiment with materials. This helps them develop their creativity. They will learn and enjoy art more when they can make their own artwork. With just a few basic supplies and a little preparation, you can help create a balanced and engaging day for your children. This newsletter provides you with ideas, provocations, and invitations that older and younger children can do on their own and with you.

ACTIVITIES

INFANTS (3 – 18 MONTHS)

FROZEN FRUIT ART

MATERIALS:

- Frozen fruits (strawberries, oranges, blueberries)
- Paper

DIRECTIONS:

- Place a piece of paper on the high chair tray.
- Give your infant some frozen fruits, such as strawberries, blueberries or oranges.
- Let them squeeze, spread, and push the fruits around the paper to create their own designs.

[Click here](#) for more activities.

TODDLERS (19 MONTHS – 2.5 YEARS)

PAINTING WITH KITCHEN UTENSILS

MATERIALS:

- Paper
- Paint
- Kitchen utensils (potato mashers, spatulas, wooden spoons)

DIRECTIONS:

- Gather a few different utensils from the kitchen drawer.
- Pour the paint onto several sheets of paper.
- Let your child choose which utensil they want to use first.
- Encourage your child to paint with different kitchen utensils.
- Observe them having fun creating their painting.

[Click here](#) for more activities.

PRESCHOOLERS (2.5 – 5 YEARS)

BLOWING BALL DESIGNS

MATERIALS:

- Ping pong balls
- Drinking straws
- Paper
- Trays
- Different colours of paint

DIRECTIONS:

- Place a sheet of paper on the tray.
- Drop different colours of paint on the paper.
- Put a ping pong ball on the paper.
- Blow the ball through a straw.
- After the ball moves around the paper, you will see an amazing design.
- You can also put a few ping pong balls on the paper and blow them all around the tray.
- Observe the track markings you have created and the mixing colours.

[Click here](#) for more activities.

JK/SK (4 – 6 YEARS)

RUBBER BANDS BRUSH ART

MATERIALS:

- More than 6 rubber bands
- Unsharpened pencils
- Masking tape
- Paper
- Different colours of paint

DIRECTIONS:

- Cut each rubber band in half.
- Tape them around one end of a pencil using masking tape.
- Drop different colours of paint on the paper.
- Spread the paint with the rubber band brush and create your design.
- You can also spin the brush and drop the paint on the paper to make large blots that resemble fireworks.

[Click here](#) for more activities.

SCHOOL-AGERS (6 – 12 YEARS)

CREATE YOUR OWN VAN GOGH FORK PAINTING

MATERIALS:

- Paper
- Pencils
- Paint
- Paintbrushes
- Trays
- Forks

DIRECTIONS:

- Sketch your painting in pencil. Keep it simple.
- Start painting! Put the paint on really thick (this will help with the fork part).
- After you have applied a thick layer of paint, start to use the forks.
- Move back and forth between laying on thick paint and using the forks to create your movement.
- Try out different ways that the forks can make patterns on the paper; straight, short wavy or long curvy lines.
- Fork painting is super fun!

[Click here](#) to learn about Vincent Van Gogh.

[Click here](#) for more activities.

A TIP FOR TODAY

- Provide opportunities for your child to paint.
- Collect recycled materials to use as painting tools.
- Let children get messy, it helps them with creativity and imagination.
- Use simple drawing tools that you have at home, like pencils, markers, and crayons.
- Let children choose how they want to use the materials.
- Focus on the process, not the product.