

Falls Prevention Program



**November 11, 2020
2:00 pm - 3:00 pm**

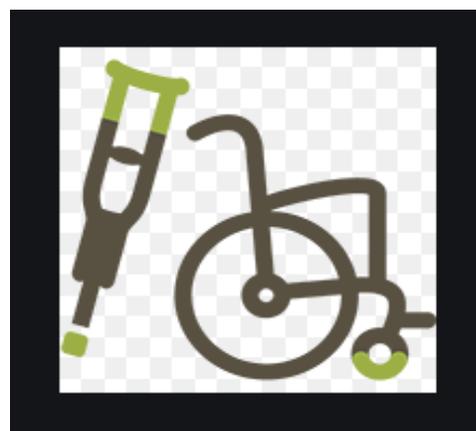
Falls are the leading cause of injury and death among seniors. Most falls however are avoidable with appropriate education, awareness, screening, assessment, intervention and prevention. Are you a newcomer to Canada? Are you interested in knowing more about the WECHC - Falls Prevention Program for yourself and/or for your loved ones? Join this virtual information session through ZOOM, and learn more about:

For more information, please contact:

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519-999-3504

- Helping seniors maintain their independence and reduce their risk of having a fall
- Assessing what may be putting seniors at risk of falling
- Educating seniors on ways to reduce the risk of falling
- Connecting seniors to community programs and health services

Registration Information:
Zoom – A link with a password will be sent to registrants a day prior to the session



Client Eligibility:
Permanent Resident, Convention Refugee



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

All of our programs & services are available at no cost to eligible clients.