



HELLO PARENTS,

Artistic activities promote creativity, innovative thinking, self-expression, and problem-solving. They enhance children's reading and math skills and also encourage visual, motor and social development. Children have a natural curiosity and drive to explore and create, and art is a perfect medium to channel these tendencies. In this newsletter, you will find various art activities for children that will support and facilitate their learning and creativity.

ACTIVITIES

INFANTS (3 – 18 MONTHS)

EXPLORING COLOURS AND TEXTURES WITH FABRICS

MATERIALS:

- Scraps of fabrics, pieces of ribbon

DIRECTIONS:

- Let your child explore the materials (the infant will use all their senses: touch, taste, vision, hearing, and smell).

[Click here](#) for more art activities for your infant.

TODDLERS (19 MONTHS – 2.5 YEARS)

CREATING WITH YARN

MATERIALS:

- Paint
- Any type of yarn
- A sheet of paper
- Sticks and pine cones (optional)

DIRECTIONS:

- Let your child dip the yarn in paint and move it around the paper or use their fingers to paint.
- If you have no paint, then give your child some yarn, sticks and pine cones, and watch what they create!

[Click here](#) to find more activities about art.

PRESCHOOLERS (2.5 – 5 YEARS)

ART MOSAICS

MATERIALS:

- All sorts of pieces from around the house or outside (plastic and metal lids, spoons, clothes pins, leaves, flowers, rocks, sticks, etc.)
- A piece of paper or cardboard to define work space

DIRECTIONS:

- Present your child with the materials and ask them to create designs (you can suggest a face, a monster, an animal).
- You can also ask your child to sort the materials from the biggest to the smallest or by colour.
- Make sure to take pictures of your child's creations. You can later send them to us to share!

[Click here](#) to find more art activities.

JK/SK (4 – 6 YEARS)

CRUMPLED PAPER ART

MATERIALS:

- White paper
- Paint or watercolours
- Paintbrush

DIRECTIONS:

- Crumple up a sheet of paper into a ball.
- Choose one colour and paint all around the outside of the ball.
- Gently unfold it and see how it looks.
- Crumple it up again, and paint it with another colour. You can use as many colours as you wish.
- Open the paper up and let it dry.

[Click here](#) for more creative art.

SCHOOL-AGERS (6 – 12 YEARS)

STYROFOAM PRINTING

MATERIALS:

- Styrofoam sheets (vegetable trays)
- Pencil
- Paint brush
- White paper
- Paints

DIRECTIONS:

- Cut the edges of the tray so you have a flat surface.
- Draw a design on styrofoam with a pencil pressing down hard.
- Paint all over your design.
- Cover your painted styrofoam with paper and press lightly.
- Lift the paper up and discover your print.
- You can make many prints from the same design with different colours.

[Click here](#) to learn about different printmaking techniques.

Have a look at the art collection at [Museum of Modern Art \(MoMA\)](#).

WE WOULD LIKE TO HEAR FROM YOU!
PLEASE, SEND US YOUR FEEDBACK, COMMENTS OR
SUGGESTIONS TO CHILDCAREMAIN@NCCE1.ORG

A TIP FOR TODAY

When you create art with your child, talk about what you are making, what you think, and how you feel.

Let your child get messy – it is an important part of creating and learning.

