



HELLO PARENTS,

All children are individuals with their own personalities, identities, abilities, talents, and unique characteristics. They develop at their own pace with the loving support of their families and teachers, and shaped by their culture, background, and social interactions. We recognize each child's unique contributions to society, and value and appreciate their diversity. Children thrive in environments that are accessible to all regardless of their abilities, where they feel welcome, respected and heard, and where they can engage in hands-on activities exploring and learning so they can reach their full potential. In this newsletter, you will find various activities for all children that will help support and facilitate their learning and development.

ACTIVITIES FOR ALL CHILDREN

TEXTURE BOX

MATERIALS:

- Items with different textures around the house
- Large cardboard box

DIRECTIONS:

- With your child, go on a scavenger hunt around the house, and collect items with different textures such as different fabric, aluminum foil, etc.
- Put all your items inside the box.
- Let your child explore the different textured items.

[Click here](#) to read a story called "Lucy's Picture".

[Click here](#) for more sensory activities for your children.

WATER PLAY

MATERIALS:

- Big container
- Small plastic cups, spoons, containers, lids, etc.

DIRECTIONS:

- Fill the container with water.
- Add small cups, spoons, containers, etc.
- Let your child explore the water by dumping, filling, etc.
- To make it more fun add dish soap to the water to make bubbles.

For more activities for your children [click here](#).

LET'S DANCE

MATERIALS:

- Music on computer, iPad or radio
- Scarves or ribbons to dance around with

DIRECTIONS:

- Put on music that your child likes.
- Provide your child with scarves or ribbons to move to the music freely.
- You can also put on music with special movements so your child can follow the actions.
- This activity can help the children improve their listening skills and follow directions.

[Click here](#) to read a story called "Happy Dreamer".

For more activities [click here](#).

WE WOULD LIKE TO HEAR FROM YOU!
PLEASE, SEND US YOUR FEEDBACK, COMMENTS OR
SUGGESTIONS TO CHILDCAREMAIN@NCCE1.ORG

PARACHUTE PLAY

MATERIALS:

- Parachute, bed sheet or blanket
- Different toys

DIRECTIONS:

- Let your children each hold one side of the blanket, sheet or parachute.
- Throw multiple toys on top of the sheet while children are holding it.
- Start shaking the sheet in various directions whether up or down, fast or slow motion
- This activity is very important for social and cooperation skills.

For more movement activities [click here](#).

PAINTING WITH SPONGES

MATERIALS:

- Papers
- Sponges
- Paint in different colours
- Tape
- Bowl or paper plate
- Scissors

DIRECTIONS:

- Cut the sponges into small hand size pieces.
- Put some paint in a bowl or paper plate.
- Tape the paper steady on the table so it does not move.
- Children can now start painting on the paper using the sponges.
- Enjoy the fun!

For more activities [click here](#).

[Click here](#) to read a story called "The Dot".

TIPS OF THE DAY

Environment: Create an area at home specifically for your child. Add toys that your child likes and make sure they are within reach of your child.

Interactions: All children, regardless of their language abilities, need interactions with people in order to develop social skills. Provide opportunities to communicate throughout the day; listen and respond to your child's verbal and non-verbal attempts at communication.

Observation: Observe your child and see what messages they are trying to deliver to you. It will help you to identify the strengths and needs of your child.

Consistency: Consistent and predictable daily routines give children a sense of security and control. When they know what to expect, they learn to better manage their behaviour and emotions.

Visual Cues: Visual cues clarify the expectations and help children predict what will happen next. Children feel calmer when they know what comes next.

Following Their Lead: Observe what your child is interested in, show that you are interested in it, too, and join in to share their experience.