



HELLO PARENTS,

Family is very important in a child's life. From their first moments of life, children depend on parents and family to protect them and provide for their needs. Family is a bond, a long-lasting relationship that holds its members together with the thread of love. In this newsletter you will find activities that your child can engage in away from the screen.

ACTIVITIES

INFANTS (3 – 18 MONTHS)

MY FAMILY

MATERIALS:

- A pen
- Words to the song: "My Family":
 - Come and look and see: this is my mama
 - Come and look and see: this is my papa
 - Come and look and see: my brother tall
 - Sister, baby - we love them all

Learn the song [here](#).

DIRECTIONS:

- Draw happy faces on your fingers and start singing showing the fingers one by one – each finger is one family member.

[Click here](#) for more ideas for your baby.

TODDLERS (19 MONTHS – 2.5 YEARS)

PHOTO MEMORY GAME

MATERIALS:

- 4-5 pictures of members of your family (can be extended family)

DIRECTIONS:

- Show your child the pictures and talk about who is on them.
- Place the pictures face down.
- Take turns looking for a family member (for example: Where is mama?)
- The pictures may be used to spark a conversation with your child about the family members.

[Click here](#) for a book about a family photo.

PRESCHOOLERS (2.5 – 5 YEARS)

FAMILY FACES

MATERIALS:

- Paper plates
- Yarn in different colours (for hair or beard)
- Buttons (for eyes)
- Glue (optional)

DIRECTIONS:

- Have your child use the materials to make the faces of members of the whole family.
- Ask questions, such as: "What colour are mom's eyes? Does dad have a beard?"

Find more activities [here](#).

[Click here](#) to read "The Biggest Job of All".

JK/SK (4 – 6 YEARS)

FAMILY SURVEY

MATERIALS:

- Pen and paper

DIRECTIONS:

- Have your child ask family members questions like: How old are you? Where were you born? How many siblings do you have? What is your favourite colour?
- Record the answers on the paper.
- When the survey is done, talk with your child about what they found out about the family members (Who has more siblings? Who is the oldest, youngest, etc.).

[Click here](#) for more activities.

[Click here](#) to read "Bink and Gollie: Two for One".

SCHOOL-AGERS (6 – 12 YEARS)

FAMILY TREE

MATERIALS:

- A large sheet of paper
- Markers and paper
- Glue
- Scissors
- Photographs of family members (optional)

DIRECTIONS:

- Draw a tree on the large sheet of paper. Be sure to give your tree lots of branches.
- From another sheet of paper, cut out lots of square shapes (one for each family member). Write the names of the oldest family members that you know and glue them on the trunk (you can add their photos or simply draw their faces).
- Keep adding next generations above the older ones until your tree is full of people from your family.
- Ask your parents, grandparents, aunts and uncles about stories from their childhood.

For more family activities [click here](#).

[Click here](#) to read with your family the book "Down to the Sea with Mr. Magee".

WE WOULD LIKE TO HEAR FROM YOU!

PLEASE, SEND US YOUR FEEDBACK, COMMENTS OR SUGGESTIONS TO CHILDCAREMAIN@NCCE1.ORG

A TIP FOR TODAY

- Spend time daily doing things together.
- Share with your children highlights from your days.
- Have phone and screen-free family meal times every day.
- Tell your children stories from your own childhood.
- Talk about your family history.