



HELLO PARENTS,

Counting is not just knowing the numbers but also understanding their meaning, and children need time and experience to learn it. You can easily implement counting in everyday routines with children. Counting and number recognition are skills that children learn through play. The more you talk about numbers and point them out in real life, the more inquisitive the children will be. When you read books with children, be intentional about pointing out numbers on each page.

ACTIVITIES

INFANTS (3 – 18 MONTHS)

FIVE LITTLE DUCKS SONG

DIRECTIONS:

- Sing the song and show the numbers with your fingers as you sing.
- Make facial expressions and gestures.

The song is available [here](#).

For fingerplay songs [click here](#).

TODDLERS (19 MONTHS – 2.5 YEARS)

FIVE LITTLE MONKEYS SWINGING IN THE TREE SONG

DIRECTIONS:

- Pretend that your fingers are monkeys and your other hand is the alligator.
- Act the song out as you sing.
- Take turns with your child being monkeys or the alligator.

The song is available [here](#).

You can find another counting song [here](#).

PRESCHOOLERS (2.5 – 5 YEARS)

NUMBER TOWER USING NUMBER BLOCKS

MATERIALS:

- Different blocks, empty cardboard boxes
- Paper · Tape · Marker

DIRECTIONS:

- Cut the paper into small square pieces.
- Write the numbers from 1-10.
- Tape the numbers on the blocks.
- Have your child build towers with the blocks.
- Count how many blocks they are using.
- Have your child practice putting the numbers in order.

For more counting activities [click here](#).

WE WOULD LIKE TO HEAR FROM YOU!
PLEASE, SEND US YOUR FEEDBACK, COMMENTS OR
SUGGESTIONS TO CHILDCAREMAIN@NCCE1.ORG

JK/SK (4 – 6 YEARS)

COUNTING WITH DICE

MATERIALS:

- Dice
- Paper
- Pencil

DIRECTIONS:

- Roll the dice and count the dots.
- Write down the number of dots on a piece of paper.
- Draw as many circles as the number of dots.

For additional counting with dice activities [click here](#).

SCHOOL-AGERS (6 – 12 YEARS)

UNO CARD ADDITION

MATERIALS:

- Uno cards (or any cards with numbers)
- Pencil · Paper

DIRECTIONS:

- Separate out the number cards from the deck.
- Make two different piles of cards: one with numbers 5 and below ("problem"), and the second pile with numbers 0-9 ("answer").
- Make an addition sign (+) on one piece of paper and an equal sign (=) on the other.
- Have your child flip two cards from the "problem" pile and place the addition sign between them.
- Place the equal sign at the end and have your child figure out the addition problem.
- Choose the correct answer from the answer pile.

For this and additional Uno card games [click here](#).

A TIP FOR TODAY

- Count your steps as you climb the stairs.
- Ask your children to count how many jumps they can do.
- Ask them how many plates you will need at dinner time.
- Counting for children is all about the basics.
- The majority of activities for children revolve around interactive talking.