



VIRTUAL CHILDCARE PARENT SUPPORT SERVICES

VOLUME #1
LITERACY

HELLO PARENTS,

We know that missing your language classes and school for your children is not easy for you and your family, but we also know that there are simple ways to turn unexpected time at home into exciting opportunities to learn, think, and grow. **That is why we created Virtual Childcare Parent Support Services offering a variety of resources for you and your children.**

We will be sending out emails with activity ideas and links on a weekly basis. Please, feel free to give us feedback or share with us any topic of interest related to your children. We want you to know that you are not alone in this and that we are here to provide you with our support.

ACTIVITIES

INFANTS (3 -18 MONTHS)

Nursery Rhymes/Finger Plays

MATERIALS:

Songs and rhymes available online on YouTube

DIRECTIONS:

Begin to recite nursery rhymes such as Humpty Dumpty, This Little Piggy, etc. to your child on a daily basis.

Build in gestures with your words as you recite the rhymes and use inflection in your voice to hold your child's attention.

You can find more literacy activities to do with your infant [here](#).

TODDLERS (19 MONTHS – 2.5 YEARS)

The Itsy Bitsy Spider

MATERIALS:

This song with directions is available online [here](#).

LYRICS:

The itsy, bitsy spider, climbed up the water spout.
Down came the rain and washed the spider out.
Out came the sun and dried up all the rain,
And the itsy, bitsy spider went up the spout again.

DIRECTIONS:

Pretend your hand is a spider. Follow the actions from the song and encourage your child to do the same.

You can find a collection of nursery rhymes for infants and toddlers [here](#).

PRESCHOOLERS (2.5 – 5 YEARS)

Sensory messy play

MATERIALS:

- Tinfoil or a baking tray | Bubbles from soap
- Sticks, brushes, spoons

DIRECTIONS:

- Bring a tray or tinfoil and put soap and water and make heavy bubbles out of it.
- Give your child a spoon or sticks or brushes and let them decorate their favourite alphabet letter or numbers on the tray or tinfoil.
- This fun time is an engagement of their five senses.
- [This site](#) has karaoke style songs with lyrics on screen to sing along for the whole family.

WE WOULD LIKE TO HEAR FROM YOU!
PLEASE, SEND US YOUR FEEDBACK, COMMENTS OR
SUGGESTIONS TO CHILDCAREMAIN@NCCE1.ORG

JK/SK (4 – 6 YEARS)

Building with alphabet blocks

MATERIALS:

- Card board or paper plates | Clothes pins
- Pen or marker

DIRECTIONS:

- Cut the card board into a circle shape, if not available then just bring a paper and cut it in a circle shape then colour it yellow
- Write lower case alphabet letters on the plate and the upper case letters on the clothes pins.
- Let the child match upper case letters with lower case letters. Having to open and close the clothespins will help their fine motor skills.

You can find more literacy activities [here](#).

BOOK READING:

[Mortimer](#) by Robert Munch is available to watch online.

SCHOOL-AGERS (6 – 12 YEARS)

- Time set aside for talking with your child.
- Tell your child stories about your parents and grandparents. You might even put these stories in a book and add old family photographs.
- Reminisce about when you were little. Describe things that happened at school involving teachers and subjects you were studying.
- Talk about your brothers, sisters, or friends.
- Have your child tell you stories about what happened on special days, such as holidays, birthdays, and family vacations.

You can find more literacy activities [here](#).

BOOK READING:

[This website](#) has free books read by celebrities in a YouTube format.

A TIP FOR TODAY

Create a daily schedule and post it on your fridge.

Children need structure and function best when they have a predictable daily routine.

SAMPLE SCHEDULE:

9 am -10 am:	Breakfast, TV, check phones
10 am - 11 am:	Morning walk
11 am – 12 pm:	School assignments, no electronics, study, read books, write/draw in a journal
12 pm – 12:30 pm:	Lunch
12:30 pm – 1:30 pm:	Creative time, crafts, Lego/blocks, bake, music, art
1:30 pm- 2:30 pm:	House chores
2:30 pm – 3:30 pm:	Academic time, Screens allowed, educational videos and games
3:30 pm- 4:30 pm:	Afternoon fresh air (back yard, walk or balcony)
4:30 pm- 5:30 pm:	Dinner
6 pm- 8 pm:	Free time
8:00 pm:	Family games
9 pm -10 pm:	Brush teeth and bed time